



Optional opportunities

Individual Counselling £30

Counselling sessions are available with Dianne and Val for those wishing to take their cleansing to a deeper level. They provide a confidential, safe space in which to enquire into any issues that arise during your stay.

Sound Therapy £30 (Devon only)

Ian is available to work individually with those wishing to explore voicework and energy releasing through sound. Or for the singers, you can enjoy a singing lesson with Ian.

PRE-BOOKING ESSENTIAL

Bodywork. Devon £35.00, Spain £30.00

Polarity Therapy is an excellent complete form of bodywork/healing and is used to facilitate the cleansing process.

Massage/Lymph drainage massage. Devon £35, Spain £28.00

A qualified masseuse is available for aromatherapy massage. Pre-booking is essential

It is really important that you send back your pre-booking form,
as our practitioners are very busy people!

PLEASE SEND WITH YOUR APPLICATION FORM

PRE-BOOKING FORM

Name:.....Devon/Spain.(Circle choice)

Date of detox:.....

Please reserve the following sessions for me:
(Circle choice)

Polarity Bodywork Session

Nutrition Session (Devon only)

Massage Session

Sound/voice Session (Devon only)